

Year 6 - HOME LEARNING

SUGGESTED DAILY SCHEDULE

Children thrive when they are given a routine. Below is an example of how you might set up your child's learning.

Before 9:00am	Wake up	Eat breakfast, make your bed, get dressed and organised for the day
9:00 – 10:00	Physical activity 🏃	Follow the Health & PE matrix provided by the Specialist teachers
10:00 – 11:00	Literacy Time 📖	Complete the Reading and Writing Tasks on your weekly matrix.
11:00	Snack & Brain break 🧠	A 10 minute brain break to improve concentration; topic talks, rock-paper-scissors, heads & tails, silent ball, mindfulness colouring
11:30 – 12:30	Inquiry Time 📝	Complete the Inquiry activity on your weekly matrix.
12:30	Lunch	🍴
1:00pm	Chore Time 📋	A - Wipe all kitchen table and chairs B – wipe all door handles and light switches C – parent choice chores as required
1:30 – 2:30	Math Time ⏳	Complete the math task on your weekly matrix.
2:30 – 3:30	Specialist Time	Complete an activity from one of the Specialist matrixes provided by your Specialist teachers
3:30 – 4:00	Snack & Afternoon fresh air 🚲	Ride your bikes, play outside, jump on a trampoline Follow social distancing rules
4:00 – 5:00	Creative Time 🎵	Lego, drawing/painting, craft, listen to music, minecraft, board games, mindfulness colouring.
5:00 – 6:30	Dinner	🍴
6:30 – 7:30	Free TV time	...includes shower time and getting ready for bed!
8:00 onwards	Bedtime	All kids who follow the daily schedule and don't fight, may be allowed an extra 30mins of 'awake time' 😊